



A HERO RETURNS

LAP

TAP BOTH HANDS ON YOUR LAP

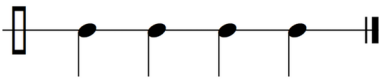
TAP

TAP YOUR KNUCKLES ON A HARD SURFACE

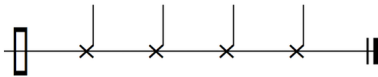
CLAP

CLAP YOUR HANDS TOGETHER

LAP



TAP

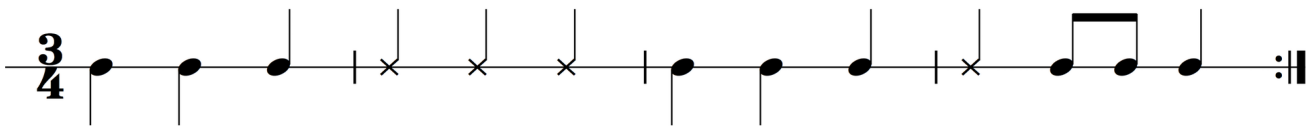


CLAP

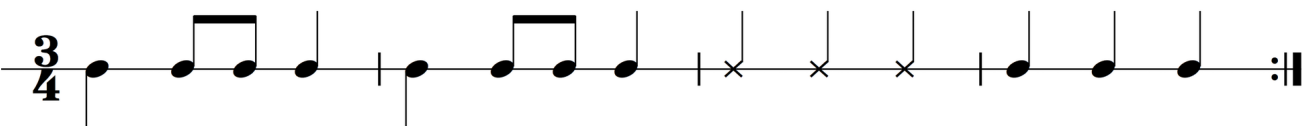


Teacher Instructions: Using the legend above, practice each Body Beat Rhythm below. Next, I will play the piano piece on the following page while you repeat the Rhythm 1 Body Beat Accompaniment eight times. Let's try again with Rhythm 2.

RHYTHM 1



RHYTHM 2





A HERO RETURNS

Fearlessly ♩ = 152

2

p

\wedge simile

5

mf

9

5
3
1

f

1
5

13

2

1. 2.

p

2